

From: The Briefing from Lexipol <info@lexipol.com>
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Subject: The Briefing --- Fentanyl, Mental Health and More



The Briefing: your source for leadership resources, safety tips, hot topics and thought-provoking webinars.

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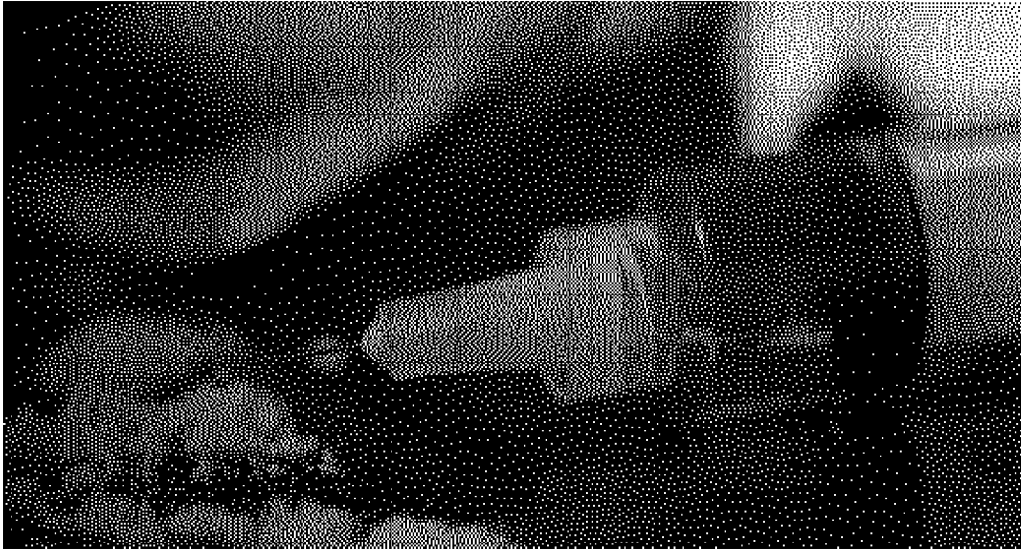


Fentanyl, Mental Health and More

First responders have been confronting the challenge of fentanyl for several years, but the threat remains; earlier this week, nine San Francisco Sheriff's Department deputies were taken to the hospital after possible exposure to fentanyl. And although fentanyl is up to 100 times stronger than morphine, respondents of a recent [PoliceOne poll](#) ranked heroin/fentanyl as the second most popular "street drugs of choice" in their response area. In this issue of *The Briefing*, we're discussing the rise in fentanyl use and its ramifications, as well as how law enforcement officers can take safety precautions to protect themselves from the drug.

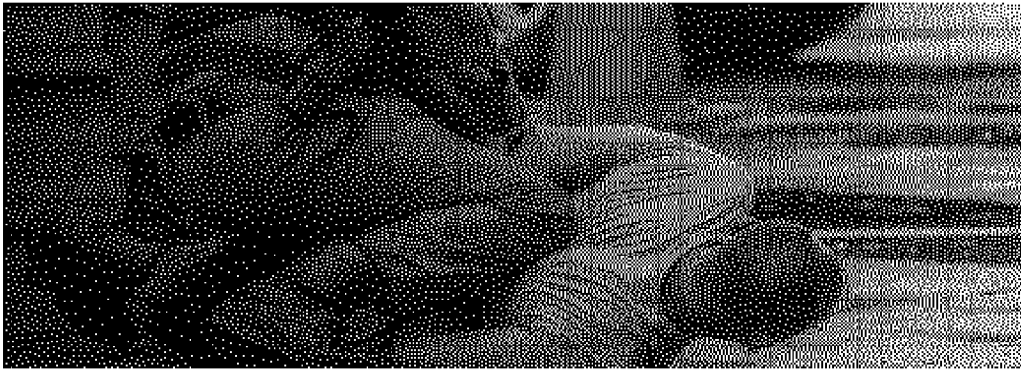
It's just as important to protect yourself mentally as it is physically. October 10 was World Mental Health Day so we're discussing mental health in the corrections environment. The "figure it out on your own" mentality can have dangerous repercussions. Learn how to change the solitary approach to mental health and thrive in your career.

First Responder Fentanyl Exposure: What You Need to Know



The dramatic rise in fentanyl-related deaths in the general population raises concern for first responders who come into contact with the drug. Although some media accounts have made it seem like first responders can be at risk just from touching fentanyl powder, the reality is far less dangerous. That said, synthetic opioids *do* present significant risks to law enforcement officers and canine officers. Here are keys to understanding fentanyl - the facts, exposure prevention and strategies for mitigation. [Read More](#)

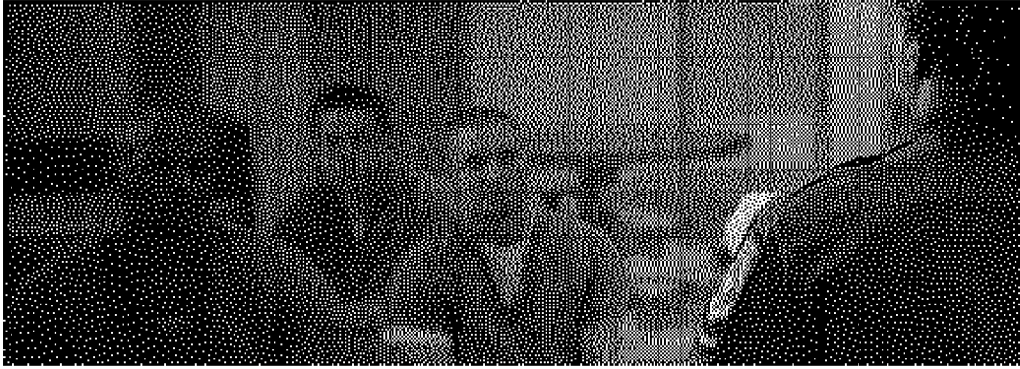
Be Proactive: Preparing for Arrest-Related Death Investigations



Arrest-related deaths most times end in a lawsuit, in part as a result of misconceptions held by the medical examiner and pressures on them to make a manner-of-death ruling. By taking a proactive approach, agencies can join best practice and the latest science in arrest-related death investigations, working directly with the medical examiner to achieve more accurate manner-of-death rulings. [Read More](#)

Correctional Officer Mental Health: Surviving on

the Inside

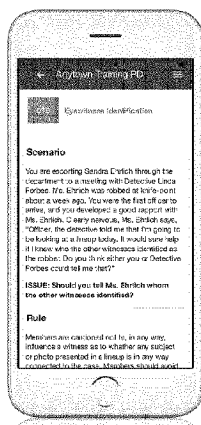


Correctional officers work less-than-ideal hours, often enduring verbal abuse and even physical violence from inmates. Add in the “never appear weak” mantra that many officers are taught, and the work can quickly take a toll. Correctional officers may become addicted or engage in other unhealthy behaviors and in the worst cases, turn to suicide. Learn how leaders can change the “code of silence” and provide officers with meaningful and discreet methods to seek help. [Read More](#)

Customer Corner

Even the best policy manual isn't effective if it's not backed by ongoing training. Lexipol's [Daily Training Bulletins](#) (DTBs) cover many aspects of your policy manual and incorporate news stories, industry reports and court cases. There are even ways to customize your DTB package to the needs of your department.

Check out the [strategy behind the DTBs](#) you receive each month:



Scenario: A short, realistic story engages personnel

Issue Question: A question related to the scenario focuses on a single learning objective

Policy Reference: Current content from your agency's manual allows personnel to review a specific part of a policy relevant to the scenario and issue question

Analysis: Brief discussion and analysis shows how the policy applies the facts of the scenario

Conclusion: A statement answers the issue question

Test Question: A question confirms the reader grasped the learning objective and completed the training

Interested in adding DTBs to your current Lexipol subscription? [Contact us](#) for more information.

3 You Might Have Missed

[Today's Tip featuring Gordon Graham: The Dangers of Fentanyl \[VIDEO\]](#)

[Excited Delirium: 8 Key Law Enforcement Takeaways \[ON-DEMAND WEBINAR\]](#)

[Your Mental Health Matters: How to Have a Healthy, Sustainable Career in Corrections \[BLOG\]](#)

Coming Soon

Don't Cross the Line! Resisting the Inmate Manipulator

Thursday, October 17 at 1 pm ET/10 am PT

Inmate manipulation is one of the greatest risks to correctional officers and facilities. The jail environment puts inmates, officers and civilian staff in close contact, making it easy for inmates to identify and exploit staff vulnerabilities. With the right training and supervisory oversight, the threat of inmate manipulation can be significantly reduced. In this webinar, veteran instructors Gary Cornelius and Brad Hompe will use real-world scenarios to explore how correctional staff become compromised and critical steps to protect yourself and your facility against manipulation. [Register Now!](#)

The "Act to Save Lives": What Law Enforcement Needs to Know About CA AB392

Tuesday, October 22 at 1 pm ET/10 am PT

CA AB932, dubbed "The Act to Save Lives," has been widely reported as imposing a new, much more restrictive standard for police use of deadly force. Yet close legal analysis of the legislation shows a much more complex picture. In this webinar, Lexipol co-founder and veteran California attorney Bruce Praet will discuss CA AB392 and how it does—and doesn't—change the standards governing police use of force in California. [Register Now!](#)

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